



UNIT TEN

Closure & Celebration

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Introduction for Advisors

You have completed a year of challenging and rewarding work. The following unit includes activities that will give your group an opportunity to reflect on your year and your accomplishments.

Taking time to celebrate your successes and reflect on your year reinforces the important contributions of each group member. It is also an essential component of group stages, (mourning/morning) that allows group members to gain closure on this experience and begin to look forward to what lies ahead.

By the end of this unit, your peer educators should be able to:

- Describe three ways the group was successful in achieving the goals of Teen PEP
- Identify 1 example of how the group progressed through each of the stages of group development
- Share what they are taking away from their Teen PEP experience
- Celebrate the work that's been accomplished individually and collectively as a group

It is recommended that, if possible, this unit be completed in a 2-3 hour block of time with refreshments.

An Evaluation of Teen PEP

(20 minutes)



Purpose

To revisit the purpose and goals of Teen PEP and reflect on how well peer educators feel they met their objectives for the year



Materials Needed

- A copy *Teen PEP Target* for each peer educator



Directions

Step 1

Distribute copies of the *Teen PEP Target* to each peer educator and revisit the goal of Teen PEP. Using the chart below as a rating scale, ask each student to rate the degree to which they think the team has been successful in reaching the target. Ask students to share the reasons for their rating.

Degree of Success Scale

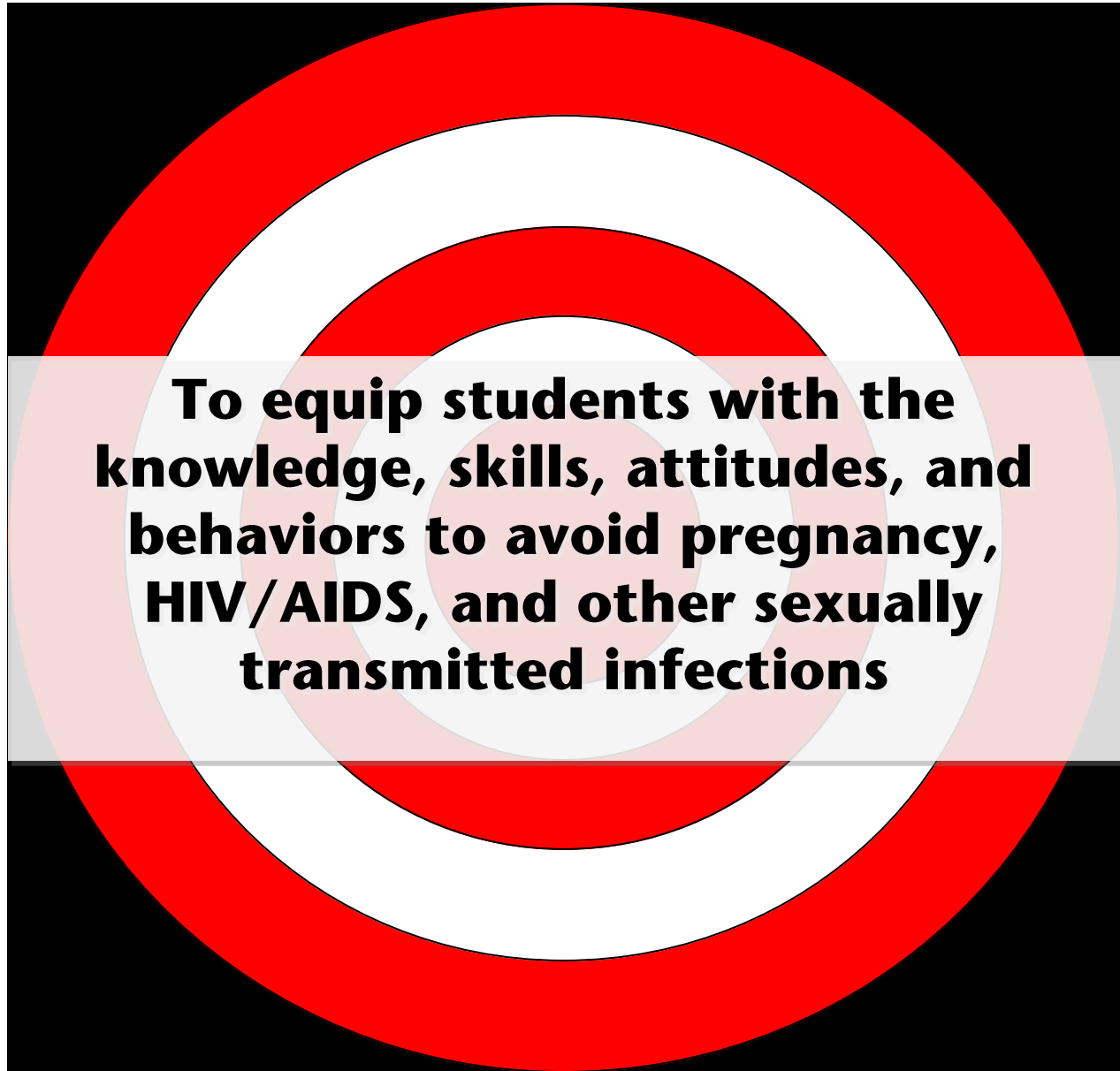


Step 2

Discuss the following questions.

1. How do we know we were successful?
2. What factors contributed to our success?
3. What suggestions do you have for what next year's group could do differently?

Teen PEP Target



Our Stages of Group Development

(15 minutes)



Purpose

To review the stages of group development and reflect on how they've applied to our group



Materials Needed

- Newsprint and markers



Directions

Step 1

Remind students that they learned about the stages of group development on the retreat. Have students list the stages in order as a review and record their responses on newsprint.

Sample List

Stages of Group Development

1. Forming
2. Norming
3. Storming
4. Performing
5. Mourning/Morning

Step 2

Starting with forming, discuss the following questions.

1. What was an example of how our group experienced this stage?
2. What activities or structures were helpful in successfully completing this stage?

Continue this process with each of the remaining stages in order.

Step 3

Discuss the following question.

1. Why is it important to think about how our group evolved over the year?

What I'll Miss Most About Teen PEP

(20 minutes)



Purpose

To consider what has been rewarding about the Teen PEP experience



Directions

Step 1

Going around the circle so that every peer educator can respond, have students complete the following statement:

What I will miss the most about Teen PEP is...

What I'll Miss Most About You

(45 minutes)



Purpose

To show appreciation for each member of the group



Materials Needed

- Manila folders with 2 holes punched at opposite ends of one side
- A ball of yarn or string
- Scissors



Directions

Step 1

Give every student a manila folder with two holes punched in the top, and a piece of string long enough to tie it to their back. Have the students write these words at the top of their folder: *"What I Will Miss About You Most"* and then hang the folder on their back.

Each student in the class will write a special message on the back of each person, sharing what is valued about each person and what will be missed after Teen PEP ends for the year.



The Web

(20 minutes)



Purpose

To reflect on and share feelings about being part of the Teen PEP team this year



Materials Needed

- A ball of yarn or string



Directions

Step 1

The group forms a circle. One advisor, who is holding a ball of string, begins by responding to the following question: *What last comment do you want to share with the group?*

The advisor wraps some string around his or her hand and then throws the ball of string across the circle to another person, who responds to the same question.

This continues until everyone has received the ball of string and spoken. The ball of string then returns to the first advisor who spoke.

The web that has been created symbolizes a web of support and strength which connects everyone, even though the program is ending for the year.

Adapted from 100 Ways to Enhance Self-Concept in the Classroom by Jack Canfield and Harold C. Wells.

Spiral Out

(5 minutes)



Purpose

To help group members recognize that they all came from different backgrounds, but they worked together towards a common goal



Directions

Step 1

Have everyone in the group hold hands in a circle with all members facing inward. Remind students that they came together at the beginning of the year to work towards a common goal, the Teen PEP target, and to represent Teen PEP at their high school. To symbolize this start, on the retreat, the group did *Spiral In*. As the Teen PEP year comes to a close, this activity, *Spiral Out*, is one way to begin to move on to new things while still appreciating the shared group experience.

Explain to students that while continuing to hold hands, they will follow the advisor through the circle, making eye contact with each individual they pass.

Step 2

The advisor should drop one hand and lead the group in a circular motion inside the big circle. When the circle is tight switch directions to spiral outwards. This will turn the circle from facing inward to facing outward so that all members are now facing outside the circle.

Certificates

(10 minutes)



Purpose

To acknowledge and celebrate peer educators' completion of the Teen PEP course



Materials Needed

- An individualized certificate for each student (*sample follows, or find more templates by logging into your faculty advisor account at www.teenpep.org*)



Directions

Step 1: The Awarding of Certificates

During the ceremony, students are awarded certificates for their achievement in completing this program. Students should be called up, one at a time, to receive their certificates.



High School's Teen Prevention Education Program

Presents

Name of peer educator

Certificate of Completion

Congratulations!



Faculty Advisor Signature

Date

Faculty Advisor Signature

Date

